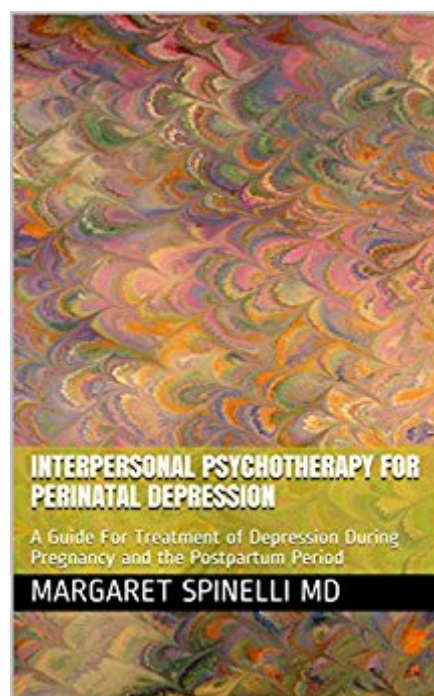




The book was found

# Interpersonal Psychotherapy For Perinatal Depression: A Guide For Treatment Of Depression During Pregnancy And The Postpartum Period



## Synopsis

This is a user-friendly manual of Interpersonal Psychotherapy used to treat pregnant or postpartum women who are suffering from depression. Interpersonal Psychotherapy for Perinatal Depression (IPT-P) is a brief weekly psychotherapy treatment of 12-16 weeks that has demonstrated success in several clinical trials supported by the National Institutes of Mental Health. The purpose of this IPT-P manual is to provide mental health workers including psychiatrists, psychologists, psychiatric nurses, social workers, and mental health counselors with step-by-step instructions.

## Book Information

File Size: 3126 KB

Print Length: 64 pages

Publication Date: May 17, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B06Y5NDGWX

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #749,786 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #56

inÂ Books > Health, Fitness & Dieting > Mental Health > Postpartum Depression #494 inÂ Kindle Store > Kindle eBooks > Education & Teaching > Higher & Continuing Education > Adult & Continuing Education #784 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Clinical Psychology

## Customer Reviews

Dr. Spinelli has written a concise volume describing how to fine-tune Interpersonal Psychotherapy to the needs of a pregnant or postpartum woman experiencing depression. This is written primarily for psychotherapists, but there are gems that anyone could take from it if they wanted to be of help to someone struggling.

[Download to continue reading...](#)

Interpersonal Psychotherapy for Perinatal Depression: A Guide For Treatment of Depression During Pregnancy and the Postpartum Period Interpersonal Psychotherapy for Perinatal Depression: A Guide for Treating Depression During Pregnancy and the Postpartum Period Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free) Postpartum Depression: How to Overcome Postpartum Depression and Be a Happy Mom (Postnatal Depression) Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders) Drugs During Pregnancy and Lactation, Third Edition: Treatment Options and Risk Assessment (Schaefer, Drugs During Pregnancy and Lactation) Perinatal and Postpartum Mood Disorders: Perspectives and Treatment Guide for the Health Care Practitioner Postpartum Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression) The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work (Counseling and Psychotherapy) Pregnancy Blues: What Every Woman Needs to Know about Depression During Pregnancy Therapy and the Postpartum Woman: Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help The Postpartum Husband: Practical Solutions for living with Postpartum Depression Your Healthy Pregnancy with Thyroid Disease: A Guide to Fertility, Pregnancy, and Postpartum Wellness Fanaroff and Martin's Neonatal-Perinatal Medicine: Diseases of the Fetus and Infant (Expert Consult - Online and Print) (2-Volume Set), 9e (Neonatal-Perinatal Medicine (Fanaroff)) Fanaroff and Martin's Neonatal-Perinatal Medicine: Diseases of the Fetus and Infant, 10e (Current Therapy in Neonatal-Perinatal Medicine) - 2-Volume Set Comprehensive Perinatal & Pediatric Respiratory Care (Comprehensive Perinatal and Pediatric Respiratory Care) Treatment Plans and Interventions for Depression and Anxiety Disorders, 2e (Treatment Plans and Interventions for Evidence-Based Psychotherapy) Guidelines for Perinatal Care (Guidelines for Perinatal Care (Aap/Acog)) The Lifter of My Head: How God Sustained Me During Postpartum Depression Your Best Pregnancy: The Ultimate Guide to Easing the Aches, Pains, and Uncomfortable Side Effects During Each Stage of Your Pregnancy

[Contact Us](#)

[DMCA](#)

[Privacy](#)

